



Maratha Vidya Prasarak Samaj's
ARTS AND COMMERCE COLLEGE, DINDORI,
Tal. Dindori, Dist. Nashik



INTERNATIONAL YOGA DAY 2023

दिनांक -21-06-2023

२१/०६/२०२३

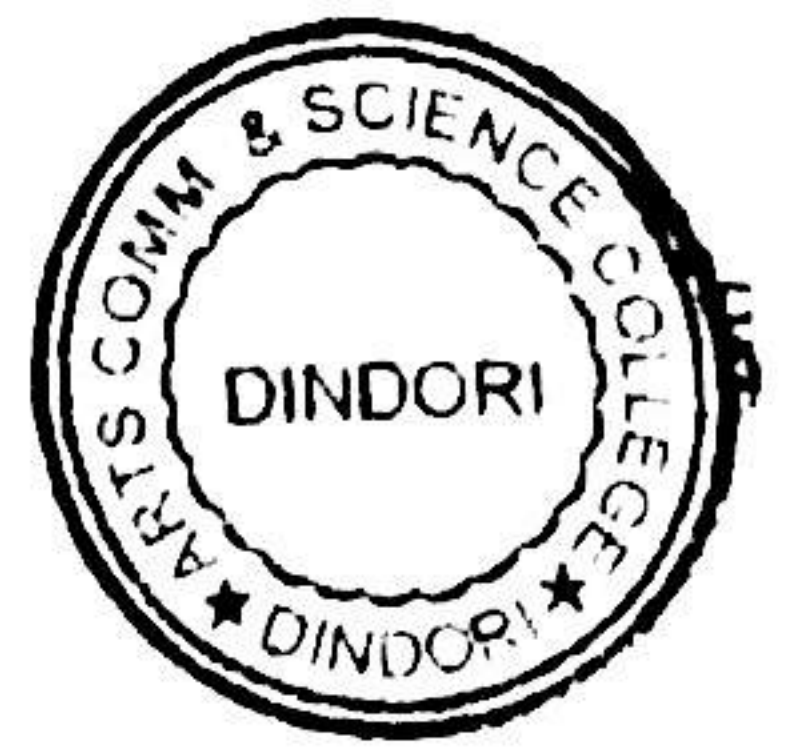
REPORT

दिंडोरी - २१ जून २०२३ हा आंतरराष्ट्रीय योग दिवस म्हणून साजरा केला जातो. मराठा विद्या प्रसारक समाज, कला व वाणिज्य महाविद्यालय दिंडोरी च्या वतीने या कार्यक्रमाचे महत्त्व ओळखून महाविद्यालयातील सर्व विद्यार्थी, प्राध्यापक व शिक्षकेतर कर्मचाऱ्यांना महाविद्यालयाच्या कॅम्पसमधील आंतरराष्ट्रीय योग दिनाच्या कार्यक्रमात सहभागी होण्याचे आवाहन करण्यात आले. योग दिनाची सूचना महाविद्यालयाच्या सूचना फलकावर लावण्यात आली होती.

या वेळी महाविद्यालयाचे क्रीडा संचालक डॉ. एल. एस. कांदळकर यांनी विविध योग प्रकारांचे प्रात्याक्षिके विद्यार्थ्यांना व महाविद्यालयातील कर्मचाऱ्यांना करून दाखवले व त्यामागील आरोग्याचे महत्त्व देखील पटवून सांगितले आणि त्यातूनच हा योग दिन साजरा करण्या मागील महाविद्यालयाचा हेतू देखील स्पष्ट केला. या कार्यक्रमासाठी प्रमुख उपस्थिती म्हणून महाविद्यालयाचे प्राचार्य डॉ. के. एन. गायकवाड, उप-प्राचार्य व इतर सर्व प्राध्यापक व प्राध्यापकेतर सेवक मोठ्या संख्येने उपस्थित होते.

Translation of Report

Dindori - 21st June 2023 is celebrated as International Yoga Day. On behalf of Maratha Vidya Prasarak Samaj, College of Arts, Commerce and Science College, Dindori, recognizing the importance of this program, all the students, faculty and non-teaching staff of the



college were invited to participate in the International Yoga Day program in the campus of the college. The notice of Yoga Day was posted on the notice board of the college.

On this occasion, Dr. L. S. Kandalkar, Physical Director, demonstrated the different types of yoga to the students and the staff of the college and also explained the importance of yoga and also explained the intention of the college to celebrate this yoga day Dr. K. N. Gaikwad, Principal, Vice Principal and all other professors and non-professors were present in large numbers.

Director of Phy.Edu. & Sports
MVP Samaj's
Arts, Commerce & Science College, Dindori

PRINCIPAL
Arts, Commerce & Science College, Dindori
Tal. Dindori, Dist. Nashik



मराठा विद्या प्रसारक समाजाचे
कला, वाणिज्य व विज्ञान महाविद्यालय, दिंडोरी.
सन २०२३-२४

दिनांक -:16-08-2023

सूचना

स्वातंत्र्य दिवस २०२३

मराठा विद्या प्रसारक समाजाचे कला, विज्ञान व वाणिज्य महाविद्यालय, दिंडोरी, येथे आंतरराष्ट्रीय योग दिवस साजरा करण्यात येणार असून, सर्व विद्यार्थ्यांनी गुरुवार, दिनांक २१ जून २०२३, सकाळी ठीक ०९.३० वाजता महाविद्यालयात उपस्थित राहणे अनिवार्य आहे, सर्व विद्यार्थ्यांची उपस्थिति घेतली जाईल, याची कृपया नोंद घ्यावी.

Notice

Please note that, International Yoga Day will be celebrated at Maratha Vidya Prasarak Samaj's, Arts, Commerce and Science College, Dindori, and it is mandatory for all students to attend the college on 21 June 2023, Thursday, at 09.30 AM sharp, all students will be recorded.

PRINCIPAL

Arts, Commerce & Science College, Dindori
Tal. Dindori, Dist. Nashik



Attendance Sheet

Date: 21/06/2023

Activity Name: Yoga Day 2023

Department: Physical Edu. & Sports

Table with 4 columns: Sr. No., Name of Guest/Staff/Students, Class, Sign. Rows 1-30.

Program officer
Director of Phy.Edu. & Sports
MVP Samaj's
Arts, Commerce & Science College, Dindori

Principal
PRINCIPAL
Arts, Commerce & Science College, Dindori
Tal. Dindori, Dist. Nashik



Maratha Vidya Prasarak Samaj's
Arts, Commerce and Science College, Dindori,



Tal. Dindori, Dist. Nashik

Academic Year 2023-2024

Attendance Sheet

Date: 21/06/2023

Activity Name: Yoga Day 2023

Department: Physical Edu. & Sports

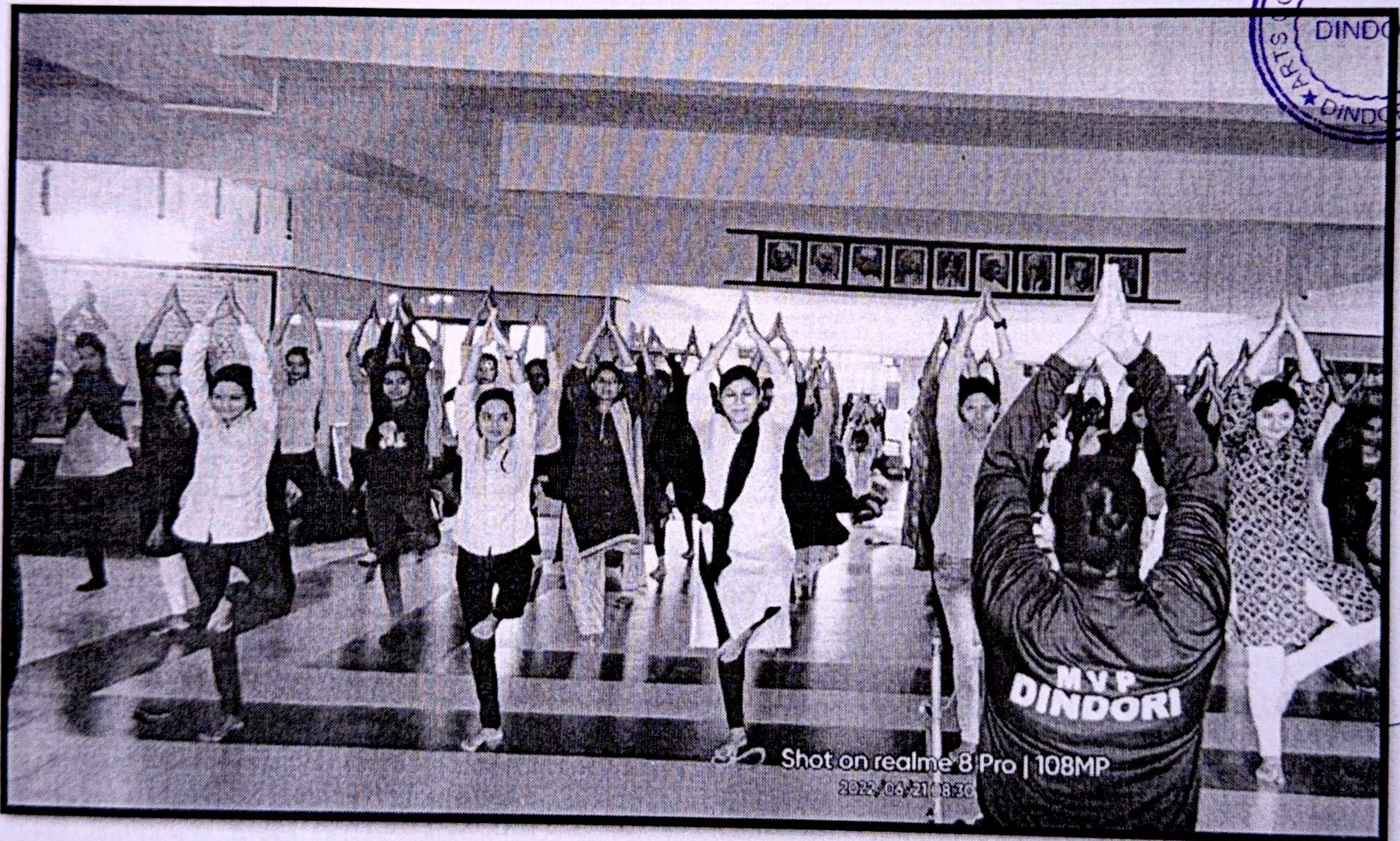
Sr. No.	Name of Guest/Staff/Students	Class	Sign
1	Kadam Kiran vasant	Sy. B.com	[Signature]
2	Jondhale Komal laxman	Sy. B.com	[Signature]
3	Chaughe Krishna Sunil	Sy. B.com	[Signature]
4	Patil Pramod Dilip	Sy. B.com	[Signature]
5	Patil Pankaj vyeshwar	T.Y. BA	[Signature]
6	Wadje Swapnil Natayan	T.Y. B.com	[Signature]
7	Shelke Aniket Bhausaheb	T.Y. bsc	[Signature]
8	Tungar Yogita Shrawan	T.Y. BSC	[Signature]
9	Shelke Arun Chandrakant	S.Y. B.com	[Signature]
10	Jagtap Bhavha Sanjay	T.Y. B.A	[Signature]
11	Kadam Ashutosh Anil	T.Y. Bsc	[Signature]
12	M Gangode Nitin madhykar	T.Y. B.com	[Signature]
13	Gangode Pooja Santosh	T.Y. b.com	[Signature]
14	Korale Sakshi Parasharam	S.Y. B.com	[Signature]
15	Korale Sakshi Rajesh	S.Y. B.com	[Signature]
16	Patil Pawan Baban	S.Y. B.com	[Signature]
17	Pagare Kishori Bhimrao	S.Y. B.com	[Signature]
18	Borade Anushka Pravin	T.Y. BSC	[Signature]
19	Gawali Hemant Kanta Lal	T.Y. BSC	[Signature]
20	Wadje Kunal Sanjay	T.Y. B.com	[Signature]
21	Jagtap Prarthna Sanjay	T.Y. BSC	[Signature]
22	Patil Rutuja Sanjay	T.Y. B.com	[Signature]
23	Kadam Rutuja Sharad	T.Y. B.com	[Signature]
24	Kamble Rohit Pramod	T.Y. B.com	[Signature]
25	Bodke Yash Sunil	T.Y. B.com	[Signature]
26	Om Kadam	S.Y. B.Sc.	[Signature]
27	Dhanashree Bombale	S.Y. B.Com	[Signature]
28	Utarsh Gaware	S.Y. B.com	[Signature]
29	Shivani Ghivande	S.Y. B.Com	[Signature]
30	Bokale Rohit Sandip	Sy. B.com	[Signature]

[Signature]
Program officer
Director of Phy. Edu. & Sports
MVP Samaj's
Arts, Commerce & Science College, Dindori

[Signature]
Principal
PRINCIPAL
Arts, Commerce & Science College, Dindori
Tal. Dindori, Dist. Nashik



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Maratha Vidya Prasarak Samaj's
Arts, Commerce and Science College, Dindori

दिनांक- 17/02/2024

DEPARTMENT OF COMMERCE

महत्वाची सूचना

वाणिज्य विभागातील सर्व विद्यार्थ्यांना कळविण्यात येते कि वाणिज्य विभागाच्या वतीने High Level Leadership (Soft Skills) या विषया वरती आपल्या महाविद्यालय मध्ये lecturer आयोजित केले आहे. तरी सर्व विद्यार्थ्यांनी सेमिनार हॉल मध्ये उपस्थित राहावे.

H.O.D

Head

Department of Commerce
A.C.S. College, Dindori

PRINCIPAL

Principal

Arts Commerce & Science College, Dindori
Tal Dindori, Dist. Nashik



Maratha Vidya Prasarak Samaj's
ARTS, COMMERCE & SCIENCE COLLEGE DINDORI-422 202
Tal-Dindori, Dist-Nashik

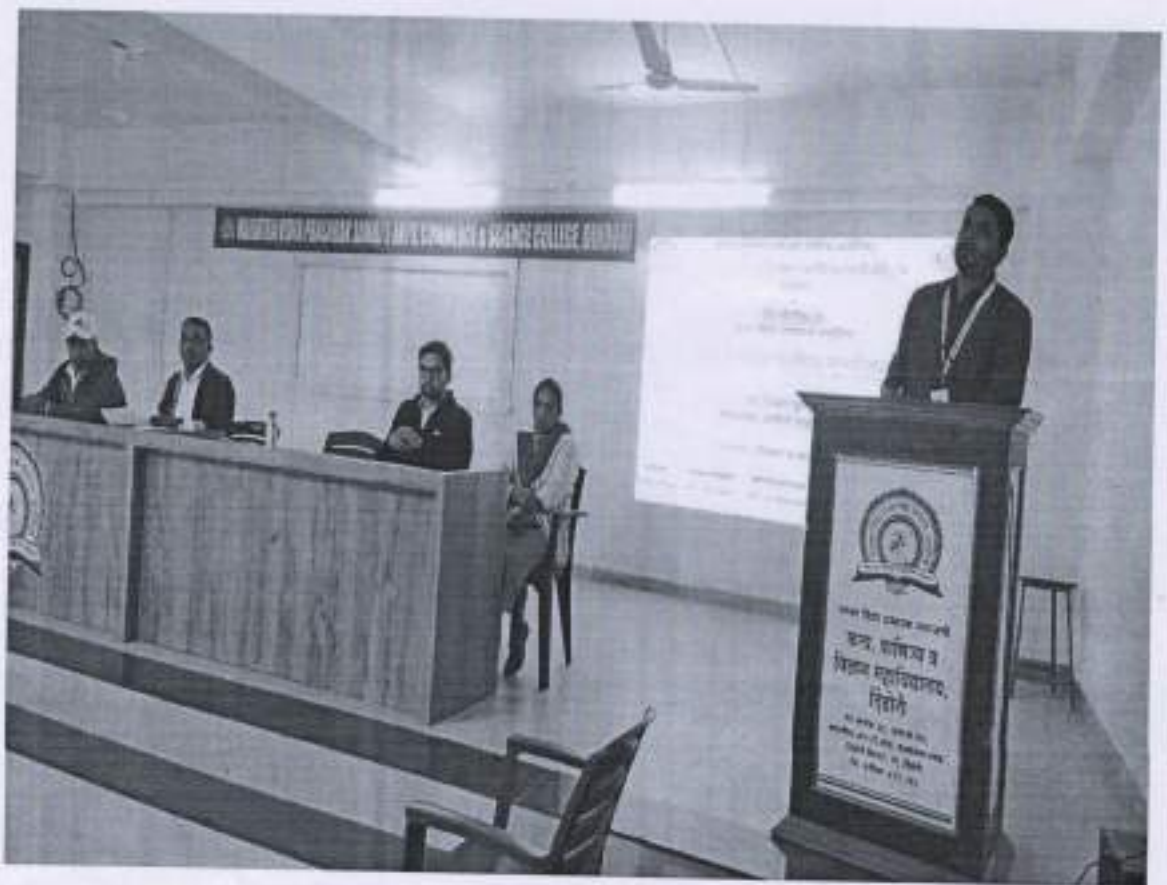
Attendance Sheet

Name of Programme - High Level Leadership (Soft skills) Date 20/2/2022

Sr.No	Name Of Student	Sign
1	shubhangi sanjay kamble	skambale
2	Kantale Ranjana Tulshiram	Kantale
3	Kadake Dipali Santosh	Kadake
4	Kharate pooja shaipat	PK
5	Khare Rutuja Dhanraj	RKhare
6	Khare Tanvi Ulhas	Ka
7	Khuzdal payal Dhanraj	payal
8	kond Vaishnavi Vishnu	AKond
9	mulekar payal Gupat	Payal
10	matsane Sanskruti Shankar	matsane
11	medhane Atharv Lakshman	medhane
12	Medhane Pritam Nandev	Medhane
13	Medhane Tushar Sunil	Medhane
14	Moze Rabul Rajendra	Rabul
15	Moze Santhak Sagar	Santhak
16	Moze Shrivani An Arun	Moze
17	Mulane Kalyani Gulab	GMulane
18	Mulane Rushikesh Bharat	Mulane
19	Mulane Shraddha Pundlik	Mulane
20	Nathe seema Dhanraj	Nathe
21	Navale Puja Somnath	Navale
22	Nikam Om Raju	Nikam
23	pagare Akshada Lakhidas	pagare
24	Sapnakumari Hezardal paswan	Sapnakumari
25	Paswan Tanisha Jitendra	T.J.Paswan
26	Patil Dhruv vikas	Patil
27	Patil Harshad Sunil	HS.Patil
28	Patil Mansi Santosh	Patil
29	Patil Nikita Prakash	Patil
30	Patil Nikita Shankar	Patil
31	Patil Prayushi Shant	Patil
32	Vidhate Komal Santosh	Komal
33	More Tejeshwari Nandev	More

1. Soft skills

Soft skill training is provided to the students to understand the role of listening skills in effective communication, expose students to neutral accent, acquire decision making, problem solving and assertive skills. Seminars and workshops are organized for the students to enhance their presentation skills, inter-personal skills, team building, emotional intelligence and decision making.



Soft Skills Training Report

Introduction

This report outlines the objectives, methodology, outcomes, and recommendations for the soft skills training program conducted. Soft skills, which include communication, teamwork, adaptability, problem-solving, leadership, and emotional intelligence, are essential for enhancing both individual and organizational performance. This training program was designed to develop these skills to foster a productive, collaborative, and positive work environment.

Training Objectives

1. **Improve Communication Skills:** Enhance both verbal and non-verbal communication to foster effective interactions within teams and with clients.
2. **Strengthen Teamwork and Collaboration:** Build a strong sense of cooperation and mutual respect among team members to achieve common goals.
3. **Develop Leadership and Decision-Making Abilities:** Empower participants to take initiative, make informed decisions, and lead teams effectively.
4. **Enhance Problem-Solving and Critical Thinking:** Equip participants with techniques to approach problems methodically and come up with creative solutions.
5. **Increase Emotional Intelligence:** Help individuals understand and manage their emotions, while recognizing and responding to emotions in others.

Methodology

The soft skills training was conducted through a blend of the following methods:

- **Workshops:** Interactive sessions covering topics like communication, conflict resolution, and leadership.
- **Role-playing Exercises:** Simulations of real-life work scenarios to practice problem-solving and decision-making.
- **Group Discussions and Case Studies:** To encourage teamwork and critical thinking.
- **Self-Assessment and Peer Feedback:** Tools for individuals to evaluate their strengths and weaknesses, and provide constructive feedback to peers.
- **Multimedia Presentations:** Engaging videos and slides to reinforce theoretical knowledge.
- **Guest Speakers and Expert Sessions:** Industry professionals were invited to share insights on leadership and workplace dynamics.

Training Topics Covered

1. **Communication Skills:**
 - Active listening and clear articulation
 - Non-verbal communication
 - Communicating across diverse teams
2. **Teamwork and Collaboration:**
 - Understanding team roles and dynamics
 - Managing team conflicts
 - Effective collaboration in virtual environments

3. **Leadership Development:**
 - Leadership styles and their impact
 - Motivating and inspiring teams
 - Conflict resolution and negotiation
4. **Problem-Solving Techniques:**
 - Identifying root causes of problems
 - Brainstorming and idea generation
 - Evaluating alternatives and implementing solutions
5. **Emotional Intelligence:**
 - Self-awareness and self-regulation
 - Empathy and social skills in the workplace
 - Building resilience and stress management

Results and Outcomes

- **Participant Engagement:** Over [percentage]% of participants reported being actively engaged during the training, with high attendance and participation in all activities.
- **Improvement in Skills:** According to pre- and post-training assessments, there was a [percentage]% improvement in communication, problem-solving, and leadership skills among participants.
- **Feedback:** Participants provided positive feedback, with [percentage]% expressing increased confidence in applying soft skills in their day-to-day work.
- **Behavioral Change:** Many participants demonstrated an immediate application of learned skills in their work, including improved team collaboration and clearer communication with clients.

Some common feedback included:

- "The communication exercises helped me feel more confident in meetings."
- "I feel more equipped to handle conflicts within my team."
- "The emotional intelligence training has helped me understand my colleagues better."

Recommendations

1. **Ongoing Training:** Soft skills development is continuous. Offering periodic refresher courses and advanced workshops will ensure employees maintain and refine their abilities.
2. **Mentorship Programs:** Pairing employees with mentors can help reinforce soft skills development in real-world scenarios.
3. **Integration into Performance Reviews:** Soft skills should be incorporated into performance evaluations to encourage continuous improvement.
4. **Feedback Mechanism:** Regular feedback from peers and supervisors will help employees gauge their progress and identify areas for further development.
5. **Cross-Departmental Training:** To enhance collaboration, it is recommended that employees from different departments participate in mixed-group training activities.

Conclusion

Student Feedback

Name :- More Tejashri Nandu

class :- T.Y.Bcom

Topic :- High level Leadership (soft skill)

You demonstrate excellent communication skills both in group discussions and one-on-one interactions. Your ability to articulate ideas clearly and listen actively enhances the flow of conversations and fosters understanding within your team. Keep refining your public speaking to ensure you're engaging and are persuasive.

Consider focusing on speaking with more confidence in large groups. Clear articulation and maintaining eye contact can help you project more authority and ensure your message is received effectively.

More


More Tejashri Nandu

भक्ति समाजाचे कला, वाणिज्य व विज्ञान महाविद्यालय, दिंडोरी
इतिहास विभाग २०२३-२४
इंडक्सन प्रोग्राम

सर्वे विद्यार्थ्यांना कळविण्यात येते की आपल्या महाविद्यालयामध्ये प्रथम वर्ष बी.ए. वी. कॉम या विद्यार्थ्यांना इंडक्सन प्रोग्राम मार्फत व इतिहास विभागात व तिने या प्रोग्राम मध्ये नाशिक जिल्ह्यातील व दिंडोरी तालुक्यामधील ऐतिहासिक व धार्मिक महत्त्व तसेच ऐतिहासिक किल्ल्यांची माहिती देण्यात आली. या प्रोग्राम मध्ये प्रथम वर्ष विद्यार्थ्यांना एकेदरीत इतिहास विभागामार्फत सत्रविषयात येणाऱ्या विविध उपक्रम ची माहिती देण्यात आली.




H.O.D.
Department of History
Arts, Comm. & Sci. College, Dindori,
Tal. Dindori, Dist. Nashik


Principal
MVP Samaj's
Arts, Commerce and Science College, Dindori
Tal. Dindori, Dist. Nashik

MVP's,
Arts, Commerce & Science college Dindori
Department Of History
Attendance list

Sub: इतिहास

Date: 7/8/2023-2

SR. No	Name Of Students	Signature
1	Aber Prasad Mandisumar	
2	Aher Umesh Janardan	
3	Apsunde Pradip Pradit	
4	Apsunde vijay Balasaheb	
5	Bansode Harshad Shankar	
6	Pradik Kailas bhai	
7	Charoskar Sandhan	
8	Dipak Rajendra Gadhwal	
9	Shubham Sanjay Jadhav	
10	Sunil, Rajaram Jadhav	
11	Sam, Maksud Maniyar	
12	Maso Tushar Heml	
13	Nathe Dipak Duttu	
14	Patil Roshan Karan	
15	Patil Sanket Ulhas	
16	Sahawane Sanket Anant	
17	Baqul Japna Suresh	
18	Boraste Vash Bhausaheb	
19	Bunge Roshan Ganpat	
20	Ghute Rohini Sankar	
21	Jadhav Omkar, Rajendra	
22	Kahane Pallavi Sunilosh	
23	Kedar Jyoti Karbhari	
24	Khan Heena Firoj	
25	Pooja Laxman Patil	
26	Patil Pramod Dilip	
27	Patil Devraj Shankar	
28	Pawar Tejas Ajit	
29	Shaware Yashika Sharan	
30	Ukharde Rutik Chindhu	
31	Wagh Nikhil Duttu	

H.O.D.
Department of History
Arts, Comm. & Sci. College,
Tal. Dindori, Dist. Nandia

Principal
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Arts, Commerce and Science College, Dindori
Tal. Dindori, Dist. Nandia